Dear Swimmers and Parents,

WELCOME to the GST 2009 Division I Swim and Diving Team. We are looking forward to another fun and exciting season. If we all work together, we will succeed!!

Coaches
Our Head Coach is, once again, Jackie Cordero. Her assistant coaches are Paula Vitelli, Mary Mueller, Kyle Chow, Dana Tandoi, and Greg Accarino. Jackie will also be our head diving coach. We are looking forward to a great season.

Mandatory Kick-off Meeting (PLEASE NOTE THE WORD “MANDATORY”)  
This 2009 swim season REQUIRES attendance by at least one parent to this kick-off meeting. The kick-off meeting is SATURDAY, JUNE 13TH AT 5PM at the Town of Greenburgh Department of Parks and Recreation Building, Olympic Lane, Ardsley, NY. As per town regulations, if you do not attend this MANDATORY kick-off meeting, your child will NOT be able to participate in this program. (There will be NO EXCEPTIONS to this rule.) At this MANDATORY kick-off meeting we will be discussing the upcoming swim season schedule as well as the rules/regulations for participating in the Westchester County Swimming Association Summer League. Swimmers can “bring a friend” who resides within the Town of Greenburgh who is a potential team member. We need new swimmers to continue our success of previous years. Also please bring a copy of your child(s) birth certificate for proof of age. If you have not registered, you can do so at this MANDATORY kick-off meeting. Attached is the Town of Greenburgh Parks & Recreation Registration Form. The program code is 0022-0. The cost is $70 and $40 for each additional child. All payments will be accepted at the meeting. Please bring checks only, NO CASH or credit cards will be accepted at the meeting.

We will be reviewing many items, as well as answering any questions you may have.

Team Swimsuit
Once again, we are opting not to go with a specific vendor. We will be using a standard BLACK competitive swimsuit, for girls, a standard black competitive/racerback suit (no logos), for boys, a standard black jammer/speedo suit (no logos). These can be purchased at Modells or Sports Authority. Each
swimmer MUST PURCHASE a GST swim cap which we will have available the first week of practice for $8.00 each. These new caps are made of silicone.

Registration
Team registration MUST be received and completed by Friday, JUNE 19th. We must submit a completed roster to the Westchester Swim Conference, and only those athletes whose names appear on the roster will be permitted to compete. If an athlete is not registered, that athlete will NOT be able to participate in any meets. If you have not already done so, PLEASE go the Town Park to register IMMEDIATELY. The registration form is attached. We will also have forms available at our MANDATORY Kick-off meeting on Saturday, June 13th and again all registrations can be completed at that time. Each child shall receive a T-shirt from Coach Jackie once registered.

Directions
We have directions to all the pools/clubs in Westchester. Copies will be available at the MANDATORY Kick-off meeting on Saturday, June 13th at 5pm.

Practices
Regular season practices for swimming and diving at the Town Pool will begin on Monday, June 22nd. Practices will be from 7am - 8:45am Monday thru Friday. To assist the coaches and swimmers in having a more focused practice session we are requesting all parents refrain from being on the pool deck during practices. Coach Jackie and the coaching staff will be available before or after practices to answer any questions/concerns you may have. You may also contact Jackie on her cell phone (917) 405-9281. For those swimmers who swim year round, please submit your personal best times in yards to Coach Jackie or leave a message on the swim team voicemail (693-8985 ext. 155).

Parents Association Contribution
The Parents Association dues are used to cover numerous items, including the team awards dinner, donut and pizza treats, coaches’ gifts, team ads for Counties and Conferences, and other things throughout the season. The dues are $35 for the first child and $15 for each additional child. In order to make the GST season a fun and enjoyable experience for all the swimmers we rely on these parents association dues to cover the costs for the above mentioned events/items. THESE DUES ARE SEPARATE FROM THE SWIM TEAM REGISTRATION FEES. Please submit your Parent Association dues by July 3rd. Attached is the Parent Association Dues form. Please bring the completed form to the MANDATORY Kick-off meeting on Saturday, June 13th or mail it to the address listed on the form.
Team Pictures
Our team pictures have been tentatively scheduled for Monday, July 6\textsuperscript{th} at 7:30am. Cost: $15.00 for a team picture; $30.00 for a team picture plus (2) individual 5 X 7. Any changes will be announced.

Calendar
A tentative calendar is attached. Please note, we will update this as we receive any changes in our schedule. It is IMPERATIVE that a written note is given to Coach Jackie if your child is unable to attend a meet. Please give Coach Jackie as much notice in ADVANCE of any vacations/days off needed. Verbal notices are not easily remembered. Please put it in writing. The coaching staff cannot prepare a line-up and heat/lane cards without this information. Additionally, there are monetary penalties assessed by the Westchester Swim Conference from all swimmers scratched at the Counties or Conference Championships. These fees are passed on to the individual families.

Swim Meets
To make sure all our home and away meets run smoothly, we will need the support of many PARENTS. This year we are forming committees headed by chairpersons who will coordinate all parent volunteers. Please see the swim team website for complete details. For each meet we will need individuals to help setup, time, write ribbons, and act as runners and score keepers. Please join a committee or be a committee head. This will make all our meets more productive. In the event of inclement weather, meets will continue as long as there is no thunder. Please dress appropriately on these days. THANK YOU.

Website
The Town of Greenburgh has a web page specifically for GST. Coach Jackie will be updating and maintaining this site, so please be sure to check this site regularly. It is GreenburghNY.com at the web page on the left hand side, click on departments then click on Parks & Recreation. Once on the Parks & Recreation page, find the page navigation at the top of the page and go to “aquatics”, then to the Greenburgh Swim Team OR you can enter “greenburgh swim team” on your web browser search line and you will get a link to the swim team informational page.

Once again we are looking forward to a FUN and REWARDING season. If you have any questions please feel free to contact us.

THANK YOU in advance for your support and assistance throughout this season.
2009 Parents Association Officers

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<tr>
<th>Lance Patrouch - President</th>
<th>Jackie Hoeger - Vice President</th>
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<tr>
<td>914 428-6394</td>
<td>914 428-4159</td>
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<th>Michele Riverso - Communications</th>
<th>Josie Accarino - Treasurer</th>
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<td>914 725-1047</td>
<td>914 909-6265</td>
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<td>914 874-4176(c)</td>
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Please, no non-emergency calls before 8AM or after 9PM.
GST Swim Season 2009 Important Dates

June
Saturday, June 13th 5pm  Mandatory Kick-off Meeting
Friday, June 19th  Last day for GST registration
Monday, June 22nd 7am - 9am  First day of practice

July
July 3rd  Last day for GST Parents Assoc. Dues
July 6th 7:30am  Swim Team Pictures
Friday, July 17th 5pm  Color Wars/Competition/ Team Party
July 27th and 28th 2pm  County Diving Championships

Dual Meets (tentative dates)
Thursday, July 2nd vs. Scarsdale @ HOME
  Warm up divers 3pm / swimmers 3:30pm
  Start time 4pm

Thursday, July 9th vs. Rye Golf @ Rye Golf
  Warm up divers 7am / swimmers 8am
  Start time 8:30am

Thursday, July 16th vs. Lake Isle @ Lake Isle
  Warm up divers 7:30am / swimmers 8:30am
  Start time 9am

Wednesday, July 22nd  vs. Westchester CC @ WCC
  Warm up divers 3pm / swimmers 4:30pm
  Start time 5pm

Thursday, July 30th vs. NYAC @ HOME
  Warm up divers 3pm / swimmers 3:30pm
  Start time 4pm
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>August 3rd - 6th</td>
<td>County Swimming Championships</td>
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<td>August 7th</td>
<td>Conference Diving Championships</td>
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<td>August 9th 3pm</td>
<td>Awards Dinner</td>
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<td>Aug 10th - 13th</td>
<td>Conference Swimming Championships</td>
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<tr>
<td>Aug 10th</td>
<td>Conference Swimming Trials:</td>
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<td>Aug 11th</td>
<td>Ages: 12&amp;14 unders at Scarsdale Municipal Pool</td>
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<tr>
<td>Aug 12th</td>
<td>Ages: 6&amp;8 unders at Lake Isle</td>
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<tr>
<td>Aug 13th</td>
<td>Ages: 10&amp;17 unders at Rye Golf Club</td>
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<td>Championship Finals at West. C.C Beach Club</td>
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**Conference Swimming Trials:**

- Aug 10th: Ages: 12&14 unders at Scarsdale Municipal Pool
- Aug 11th: Ages: 6&8 unders at Lake Isle
- Aug 12th: Ages: 10&17 unders at Rye Golf Club
- Aug 13th: Championship Finals at West. C.C Beach Club
This section must be filled out if you are using VISA or MASTER CARD only.

Account Number:

Cardholder Name:

Expiration Date:

Amount of Charge (X)

Authorized Signature

Cash will not be accepted, all forms must be submitted in an envelope.

Greenbush Parks and Recreation - Registration Form

This section must be filled out if you are using VISA or MASTER CARD only.

Account Number:

Cardholder Name:

Expiration Date:

Amount of Charge (X)

Authorized Signature

Cash will not be accepted, all forms must be submitted in an envelope.

Greenbush Parks and Recreation - Registration Form

Your completed forms will be available for pick-up at Greenbush Parks and Recreation, Olympic Lanes, 1024 E. Main St, Oakley, NY 10208.

Form Name: [Form Name]

Date: [Date]

Cash will not be accepted, all forms must be submitted in an envelope.
GST Parents’ Association 2009

Please list the names and ages of all your swimmers. The REQUIRED Parents’ Association dues are $35 for the first child and $15 per additional child.

The Parents’ Association receives no money from the Town of Greenburgh. We are totally dependent on the families of swimmers for funding. It would be very much appreciated and extremely helpful if you would be able to make an additional contribution to the Association beyond your required dues. Thank you for your continued support.

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<tr>
<th>Name(s) of Swimmer(s)</th>
<th>Age</th>
<th>Parents’ Assoc. Dues</th>
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Additional Contribution to Parents’ Association $____________________

Total Enclosed $____________________

Please make checks payable to GST Parents’ Association
Please return form to Josie Accarino, Treasurer, either at the kickoff meeting on Saturday June 13th at 5 PM or mail this form with your payment to:

Josie Accarino
24 Lark Avenue
White Plains, NY 10607
Phone: 914 909-6265

Please give us your email address so we can keep you informed_________________